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SAFE Work Manitoba



SAFETY

E- NEWSLETTER



Welcome to your MHCA WORKSAFELY™ E-News



Don Hurst
*Director of WORKSAFELY™,
Education and Training*

The WORKSAFELY™ E-news is written for managers, safety personnel and workers directly involved in safety in the heavy construction industry. E-news puts “news you can use” directly into your mailbox.

You will get regular updates on:

- WORKSAFELY™
- SAFE Work Manitoba and Workplace Safety and Health
- Tools, such as safety talks and audit advice
- WORKSAFELY™ training schedule
- Industry safety developments, including new COR™ companies and individual achievements such as NCSO certification.

Weekly industry updates are found in our Heavy News Weekly

[Click here to read today.](#)

We want your
feedback.
[Click here.](#)



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Welcome new COR™ companies

Certificate of Recognition (COR™) certification is awarded to companies that have demonstrated ability in the development and implementation of an effective health and safety program.

Congratulations to these companies for achieving COR™ certification:

Hamiota Municipality

Valley Rock Construction

RM of Wallace–Woodworth

Fast Brothers (1978) Ltd.

D K Landscaping Ltd.

Municipality of Russell-Binscarth

Norwest Manufacturing

Interested in COR™ certification, click [here](#).



Congratulations, new NCSOs

National Construction Safety Officer certification shows that an individual has acquired knowledge in construction-safety management skills and principles, along with industry experience. Certified NCSOs are a valuable resource to management in the implementation of a health and safety program.

Congratulations to the following individuals for achieving NCSO certification since January 2017:

- Claudette Dudley / Smook Contractors / January 31
- Donald Manchulenko / MI – Grosse Isle / May 31
- Terri Fordham / Dominion Divers / May 31
- Jaime Bertrand / Manitoba Indigenous and Municipal Relations – Dauphin / May 31
- Janine Kim / MI / Portage la Prairie / May 31

WORKSAFELY  **MHCA**
NCSO
National Construction Safety Officer

Interested in NCSO
certification? Click
here



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COR™ certification and audits FAQ

Some common questions

Q: Can I submit my self-audit before completing the COR™ training?

A: No. First, you have to complete the 3 COR™ courses: Leadership in Safety Excellence; Principles of Health and Safety Management; and, COR™ Auditor. Then you need to submit a trial audit for review within 6 months.

Q: I did my COR™ training in another province or with another association. Do I have to take WORKSAFELY™'s training?

A: No. If you can provide WORKSAFELY™ with current satisfactory records from a member association of the CFCSA, then we recognize your credentials.

Q: Our internal auditor has left the organization. Do we have to retrain another employee to conduct our self-audit?

A: Yes. The employer must inform WORKSAFELY™ of those kind of changes and has 6 months to retrain an individual to the COR™ requirements.

Q: Do we have to train more than 1 person to be our internal auditor?

A: COR™ requires 2 people to be trained, but only 1 needs to submit a trial audit to obtain auditor status.

Questions about any part of the COR™ audit? Please contact your advisor at 204-947-1379.



A WORKSAFELY™ COR™ audit is a process used to verify the performance of a health and safety management system, compared to an industry standard. The WORKSAFELY™ COR™ audit records, measures and presents the results of this verification.

Our COR™ companies sometimes struggle with, or have concerns about, elements of the program. Ask the Auditor is a regular feature of E-news, and aims to help you understand the COR™ process better.

Spring 2017 COR™ meeting draws from across Manitoba

The 2017 spring COR™ industry meeting held May 16 at the Holiday Inn Winnipeg Airport was attended by a good crowd from across industry and drew faces from all over the province.

Peter Malegus, from SAFE Work MB, reported on 2000-2015 statistics, stating that total injury rates decreased by 42% and that no-time-loss injury rates dropped by 37%. Also highlighted was the fact that eligible employers will receive a rebate of either 15% of their premium or \$3,000 – whichever is greater – to a maximum of 75% of their assessment premium. To receive this rebate, employers must maintain COR certification for a 12-month period based on certification date and have no administrative penalties or convictions under the WSH/WCB Act.

Darren James, from Workplace Safety and Health, reviewed the activities of the WSH division, including types of infractions it has been seeing. James stressed the importance of compliance with improvement orders issued by WSH.

Jackie Jones, from WORKSAFELY™, provided an update on the incorporation of the Manitoba Common Ground Alliance, outlining next steps, which include a first directors' meeting and a call for membership.

[Click here to learn about the benefits of MHCA Membership](#)

Jones also explained changes made to the Click Before You Dig Manitoba website.

MHCA WORKSAFELY™ Director Don Hurst noted that MHCA Board of Directors has decided not to hold the MHCA Expo in 2018. The Board has directed MHCA to look at alternative methods of educating our industry, including customized training in the workplace.

Hurst also welcomed Gerry McCombie, WORKSAFELY™'s new western safety advisor.



Know your WORKSAFELY™ team

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To contact a member of the WORKSAFELY™ team, click here



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Heat stress

The body can become overworked if exposed to heat for too long.

What's the danger?

When your body's cooling system can't keep up with the heat, you become dehydrated and your temperature rises above 38°C causing heat-related illnesses.

- **heat exhaustion** - when your body cannot keep blood flowing to vital organs and to the skin for cooling. If it is not treated promptly it can lead to heat stroke
 - Weakness – feeling faint
 - Headache
 - Breathlessness
 - Nausea or vomiting
 - Difficulty continuing to work
- **heat stroke** – your body has used up all its water and salt and is unable to cool itself. Seek emergency medical care
 - Confusion or irrational behavior
 - Dry, hot skin with no sweating
 - Convulsions
 - Unconsciousness

symptoms include:

symptoms include:

How to protect yourself

- Know the symptoms and monitor yourself and your co-workers
- Stay up to date on day time temperatures
- Wear light loose clothing that allows sweat to evaporate
- Stay hydrated – drink plenty of water before you feel thirsty
- Wear sunscreen to limit UV ray exposure
- Try to stay out of direct sunlight
- Take more frequent rest breaks
- Call 911 or local emergency provider immediately if you think someone is experiencing heat stroke

Click here for more
safety talks you can
download

August to September 2017

More training information at:

<http://www.mhca.mb.ca/worksafely/safety-training/>

WINNIPEG - MHCA Office
3-1680 Ellice Ave.

BRANDON - ST. JOHN'S AMBULANCE
1570 - 18TH Street

JULY 2017

JULY 2017

August 2017

14	Flagperson 1/2 day AM
14	Committee/Representative training 1/2 day PM
15-16	Traffic Control Coordinator
17	Excavating & Trenching 1/2 day PM
21-22	COR™ Leadership in Safety Excellence
23	COR™ Principles of Health & Safety Management
24-25	COR™ Auditor
30	Train the Trainer

August 2017

There is currently no training scheduled for this month.

September 2017

7	Transportation Dangerous Goods 1/2 day AM
12	Flagperson 1/2 day AM
12	Committee/Representative training 1/2 day PM
14-15	Traffic Control Coordinator
18-19	COR™ Leadership in Safety Excellence
20	COR™ Principles of Health & Safety Management
21-22	COR™ Auditor
25	Excavation and Trenching 1/2 day AM
25	COR™ Auditor Refresher (no charge) 1/2 day PM

September 2017

There is currently no training scheduled for this month.

- ★ Leadership Certificate Program/Gold Seal
- 🔗 e-COR™ training and information session

**TO REGISTER,
PLEASE CONTACT:**
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SAFE Roads – everyone deserves to make it home

FROM OUR PARTNERS – SAFE WORK MANITOBA



I want to make it home, too!



Watch for signs and signals.

With its theme of “I Want to Make It Home, Too,” this year’s SAFE Roads campaign puts the focus on protecting workers who make their living on and around Manitoba’s roads. Whether you’re one of these workers or a regular user of our roads, the campaign message serves as a timely reminder.

The annual campaign, which got underway May 12, uses radio, billboard and other advertising featuring images of emergency responders and a flag person to reinforce its message. Of course, many workers spend their days on and near our province’s roads – construction workers, utility employees, equipment operators and others. They face greater dangers on the job than most – something other workers would quickly realize if they were to imagine their own workstations relocated close to busy roadways.

The SAFE Roads campaign has been running since 2004, and its message seems to be getting through. Surveys show that 84% of Manitobans who are aware of the SAFE Roads campaign become more considerate, empathetic and understanding of workers and their designated work zones.

As with other workplace incidents, those that take place on our roads are preventable. Here’s hoping we all take some time to consider the safety of our fellow Manitobans and strive to make this our safest road construction season yet.

SAFE Work Manitoba is proud to partner with the MHCA and other members of the SAFE Roads Committee in making our roadways safer for workers.



I want to make it home, too!



Watch for signs and signals.

