



The Heavy News Weekly



In This Edition:

- Trade's fall hotlist 3
- New guide helps builders tackle resource roads 4
- Safety Talk - Falls due to slips and trips 11

And the survey said...

WORKSAFELY™ Back to You

Back in June the MHCA sent out a satisfaction survey to its members and COR™ clients. Even though I know that your days are busy, the feedback that you sent us in return was excellent, so thank you to everyone who took the time to respond.

I am very proud to say that, in general, satisfaction rates were very high; over 80% in fact. However, the strongest feedback that we received is that we can give you more.

More training; more training sessions around Manitoba; more focus on small contractors; more contact with our WORKSAFELY™ staff; and – here's where we have work to do – a better MHCA website and online access to documents, resources and services. Some felt we need to do a better job at routinely asking for feedback. I agree, so let's start.

In the coming weeks, the MHCA and specifically my safety advisors will be taking a closer look at your survey responses in order to handle your individual issues directly. We'll let you know what we have planned through email and our newsletter, and how to give feedback and advice on meeting your needs.

The MHCA and WORKSAFELY™ are working to do more for you, your company and the crews on-site. If you would like to contact or give feedback to any of our staff directly, their email addresses can be found on our website.

A survey is just the start of a conversation. I want to hear from you as well. Send me an email or call me directly at: don@mhca.mb.ca or 204.947.1379 ext. 13

Don Hurst

Director, Worksafely MHCA



Upcoming MHCA Meetings

MHCA Executive Committee Meeting -
MHCA Office
September 07, 2016 - 12:00 Noon

MHCA Board of Directors Meeting -
Fort Garry Place
September 14, 2016 - 12:00 Noon

Education and Training
MHCA Office
September 16, 2016 - 12:00 Noon

SAFE Roads Meeting -
MHCA Office
September 20, 2016 - 12:00 Noon

MHCA Executive Committee Meeting -
MHCA Office
October 19, 2016 - 12:00 Noon

MHCA Annual General Meeting -
RBC Convention Centre
November 18, 2016 - 9:30 am

MHCA Board of Directors Meeting -
RBC Convention Centre
November 18, 2016 - 11:00 am

MHCA Executive Committee Meeting -
MHCA Office
November 30, 2016 - 12:00 Noon

MHCA Executive Committee Meeting -
MHCA Office
January 18, 2017 - 12:00 Noon

MHCA Board of Directors Meeting -
Location TBD
January 25, 2017 - 12:00 Noon



Bank Trust Wealth Management

Part of your crew.



CWB Equipment Financing gets what you do and what it takes to get things done. And because we're local, we work when and where you do. Need equipment? Make us your first call.

Call Stephen, our crew leader, at 204.928.8504.
CWBEF.com



CWB Group



Trade's Fall Hotlist

Peter G Hall, Vice President and Chief Economist



If you followed the 'sell in May and go away' adage, you were likely shocked when you powered up this week. As summers go, this one has been a pretty eventful one for country issues. We were barely into the lazy, hazy days before they indeed got a bit crazy. The Brexit vote on June 23 rattled markets. Just three weeks later, heading home for the weekend the airwaves were buzzing with news about an attempted military coup in Turkey. This came only days after Canada signed a free trade agreement with Turkey's troubled neighbour to the north, Ukraine. With these events as a backdrop, what international trade issues are on the hotlist for the fall season?

Right up there on the chart is Canada's trade performance. Exports entered the year at a blistering pace, but faltered during the winter and languished in the summer months. The weakness appears to have been due to temporary factors in the US economy, as fundamentals remain favourable to growth, and recent data are promising. However, recovery is far from a slam-dunk; Canada's exporters will have to watch orders vigilantly.

At the same time, all eyes will be on the US election. The rancorous rhetoric on the hustings has put trade issues under the microscope, in the worst of ways. Globalization has been portrayed as a key cause of secular stagnation, and 'fortress America' proposals from both key candidates are at the very least, alarming. When it comes to elections, rhetoric and reality can be almost mutually exclusive, but the blunt clarity of current trade talk will make post-election backtracking particularly difficult. The US attitude toward the Trans-Pacific Partnership (TPP) has soured considerably, and although concluded almost a year ago, is now – at least in its current state – at great risk.

If that weren't enough to worry about, there's the fallout from the Brexit vote. The UK economy, Canada's third-largest export market, is in a tailspin that has required emergency monetary policy measures. The instant drop in the pound sterling on June 24 has been more-or-less sustained, and once currency hedges and contractual fixed prices play out, imports stand to take a hit. Imports of precious metals – Canada's dominant export to the UK – may prove to have some immunity, but even in that segment, nothing can be taken for granted. What is more, the state of investment limbo that the post-referendum stasis has served up is not helpful. Even so, with the natural reaction of business to wait it out or even flee, there is opportunity in the resulting commercial vacuum that's at least worth exploring.

Zapping back across the pond, another big issue is US interest rate policy. In stark contrast to election negativism, the US economy has relentlessly created jobs at a pace that's the envy of the planet. This and other strong signals have kept the likelihood of an in-year interest rate hike alive, both inside and outside the walls of the Fed. So much for the popular perception that everything is broken. Stronger growth this fall may come as a surprise to most, but it's more likely than not. Canadian exporters don't need to be caught unawares.

Closely related to policy stateside is the Canadian dollar. Weakened by soft commodity prices, it has meandered in the mid-70-cent range this year. The mere mention of possible US rate hikes in the face of Canada's softer monetary stance puts downward pressure on the loonie that isn't likely to dissipate soon. This will continue to be offset by the upward pressure of Canada's 'safe-haven' status. All told, exporters should see a stable currency situation through to the end of the year.

Recent events have raised serious questions concerning Canada's trade agenda. Anti-NAFTA sentiment has swirled around US election process, and certain pronouncements and proposals on the Agreement are downright unnerving. We can only hope that they are just banter. At the same time, though, there are more tangible developments. CETA is somewhat less certain, pending resolution of the Brexit impasse and its effects on Continental unity. And TPP will have to wait for November 8 or later, to see what the new US administration will really do, and what bearing it will have on other possible trade initiatives.

The bottom line? There's a lot for Canadian exporters to watch this fall, and there's more besides. Much of it looks daunting; risk is clearly rising. At the same time, realize that it's happening in a context of growth – albeit modest – with attendant opportunities.



CentrePort Canada is
20,000 acres.
That's about the same
size as Manhattan.

We're a **BIG** deal -
and we're
just getting started.

CENTREPORTCANADA.CA

New guide helps builders tackle resource roads



Korky Koroluk, *Daily Commercial News*. Featured in the CCA newsletter

A new national field guide published recently is designed to help roadbuilders construct roads across wetlands in Canada's boreal forest.

Resource Roads and Wetlands: A Guide for Planning, Construction and Maintenance is a compilation of best practices and its production was spearheaded by two non-profit organizations: FPInnovations and Ducks Unlimited Canada.

The central purpose of the guide is to foster a better understanding of the nature of individual wetlands. And while it is aimed at the forestry sector, Glen Legere says a lot of the recommendations can also apply to mining and oil and gas organizations. Legere is research leader, specializing in roads and infrastructure at FPInnovations.

The roads, referred to as resource roads, are unlike anything built by roadbuilders in the settled parts of Canada. That means the roads will be built for a forestry, mining or drilling company. So resource roads "typically, are not built by your traditional contractors who build paved roads," Legere said.

The idea for the guide originated from members of FPInnovations.

"We're a non-profit research organization the same way that Ducks Unlimited is a non-profit with its mandate of protection of wetlands. We receive direction on the research we do from our members," Legere said.

Those members, he said, are primarily forestry companies, provincial governments and the Canadian Forest Service.

He said work on the guide was driven by two main objectives.

"We want to protect the wetland, so we want to make sure that when we're putting a road in we're not having a negative impact on the wetland and the hydrological features of the wetland."

Ducks Unlimited was involved primarily on that part.

"We also were concerned with how you build a road so that it performs well, having truckloads on that road. So we outlined the design elements that are required to do that," he said.

The first few chapters of the guide are devoted to helping the roadbuilder identify a wetland and what kind of wetland it is.

The boreal stretches across the top of Canada and contains many different types of wetlands. They are important breeding grounds for many birds, which explains Ducks Unlimited's interest.

On a global scale, Canada's wetlands, especially peatlands, play a key role in regulating greenhouse gases such as methane and carbon dioxide, which helps buffer the impacts of climate change. The guide notes that about a third of the world's peatlands — about 1.14 million square kilometres — are in Canada, which is why there has been a growing realization that they must be preserved.

The guide is aimed at road managers, planners and construction crews who are involved in the planning, construction, maintenance and decommissioning of resource roads across wetlands.

For more information on the guide, visit www.fpinnovations.ca.



CANADIAN CONSTRUCTION
ASSOCIATION
CANADIENNE DE LA CONSTRUCTION

STAY COMPETITIVE

Get **Gold Seal Certified**



PROJECT MANAGER

SUPERINTENDENT

ESTIMATOR

CONSTRUCTION SAFETY COORDINATOR

OWNER'S CONSTRUCTION MANAGER



Apply at goldsealcertification.com





**TO REGISTER,
PLEASE CONTACT:**
Kristen Ranson
kristen@mhca.mb.ca

Training Schedule

September

COR™ Leadership in Safety Excellence	Sep 12-13	(Brandon) St. John's Ambulance
COR™ Principles of Health & Safety Management	Sep 14	(Brandon) St. John's Ambulance
COR™ Auditor	Sep 15-16	(Brandon) St. John's Ambulance
Flagperson Training 1/2 day AM	Sep 19	(Thompson) UCN
Confined Space Awareness 1/2 day PM	Sep 19	(Thompson) UCN
COR™ Leadership in Safety Excellence	Sep 19-20	MHCA Office
COR™ Leadership in Safety Excellence	Sep 19-20	(Thompson) UCN
Traffic Control Coordinator	Sep 20-21	(Thompson) UCN
COR™ Principles of Health & Safety Management	Sep 21	MHCA Office
COR™ Principles of Health & Safety Management	Sep 21	(Thompson) UCN
COR™ Auditor	Sep 22-23	MHCA Office
COR™ Auditor	Sep 22-23	(Thompson) UCN
Confined Space Awareness 1/2 day AM	Sep 26	(Dauphin) Canway Inn
Fall Protection Awareness 1/2 day PM	Sep 26	(Dauphin) Canway Inn
Flagperson 1/2 day AM	Sep 26	MHCA Office
Committee/Representative Training 1/2 day PM	Sep 26	MHCA Office
Excavation & Trenching 1/2 day AM	Sep 27	(Dauphin) Canway Inn
Committee/Representative 1/2 day PM	Sep 27	(Dauphin) Canway Inn
Traffic Control Coordinator	Sep 27-28	MHCA Office
Hazard Assessment 1/2 day AM	Sep 28	(Dauphin) Canway Inn
Train the Trainer	Sep 29	MHCA Office
Excavation & Trenching 1/2 day AM	Sep 30	MHCA Office

October

COR™ Leadership in Safety Excellence	Oct 3 - 4	(Winkler) Quality Inn
COR™ Principles of Health & Safety Management	Oct 5	(Winkler) Quality Inn
COR™ Auditor	Oct 6 - 7	(Winkler) Quality Inn
COR™ Leadership in Safety Excellence	Oct 17 - 18	MHCA Office
COR™ Principles of Health & Safety Management	Oct 19	MHCA Office
COR™ Auditor	Oct 20 - 21	MHCA Office
Flagperson 1/2 day AM	Oct 25	MHCA Office
Committee/Representative Training 1/2 day PM	Oct 25	MHCA Office
Traffic Control Coordinator	Oct 26 - 27	MHCA Office
Excavation & Trenching 1/2 day AM	Oct 28	MHCA Office
Auditor Refresher 1/2 day PM	Oct 28	MHCA Office

November

COR™ Leadership in Safety Excellence	Nov 14 - 15	MHCA Office
COR™ Principles of Health & Safety Management	Nov 16	MHCA Office
COR™ Auditor	Nov 17 - 18	MHCA Office
Flagperson 1/2 day AM	Nov 22	MHCA Office
Committee/Representative Training 1/2 day PM	Nov 22	MHCA Office
Traffic Control Coordinator	Nov 23 - 24	MHCA Office
Excavation & Trenching 1/2 day AM	Nov 25	MHCA Office
Auditor Refresher 1/2 day PM	Nov 25	MHCA Office
Train the Trainer	Nov 29	MHCA Office

December

COR™ Leadership in Safety Excellence	Dec 12 - 13	MHCA Office
COR™ Principles of Health & Safety Management	Dec 14	MHCA Office
COR™ Auditor	Dec 15 - 16	MHCA Office
Flagperson 1/2 day AM	Dec 19	MHCA Office
Committee/Representative Training 1/2 day PM	Dec 19	MHCA Office
Traffic Control Coordinator	Dec 20 - 21	MHCA Office
Excavation & Trenching 1/2 day AM	Dec 22	MHCA Office



WORKSAFELY™ Safety Advisor Ed Gregory bringing COR™ Training Week to Winkler.

**From October 3-7, 2016,
training will include:**

- 2 days COR™ Leadership in Safety Excellence
- 1 day COR™ Principles of Health and Safety Management
- 2 days COR™ Auditor

LOCATION

Quality Inn

851 Main Street
Winkler R6W 4A4

Phone: 204-325-4381

REGISTER NOW

Contact **Kristen Ranson** at **204-594-9056** or kristen@mhca.mb.ca

Meet Ed Gregory: your WORKSAFELY™ Safety Advisor within the Southern Region of Manitoba.

Ed is here to help you achieve COR™/SECOR Certification with professional education, training, and a safety program that's customized to your company.

Ed Gregory,
Safety Advisor, Southern Region
Manitoba

T. 204-594-9058
F. 204-943-2279
E. ed@mhca.mb.ca





Heavy Construction

EXPO

APRIL 4 & 5, 2017

Victoria Inn Conference Center Winnipeg

MARK YOUR CALENDARS

Registration opens fall 2016

Stay Connected >>> mhca.mb.ca >>>



Volunteer for the 2017 Canada Summer Games!

Volunteer recruitment begins September 6 – be a part of the Hottest Summer in Half a Century.

Volunteers can register online at canadagames.ca/2017 or in-person at the volunteer recruitment centre located at 296-240 Graham Avenue. The centre officially opens Tuesday, September 6, 2016, and will be open from 9AM – 3PM Monday to Friday.



KNOW YOUR WORKSAFELY™ ADVISOR

Don Hurst, B.A., M.A. (Econ.)

Director, WORKSAFELY™ Education and Training
E: don@mhca.mb.ca T: 204-594-9051 C: 204-291-4740

Ed Gregory, NCSO

WORKSAFELY™ Safety Advisor, Southern Region
E: ed@mhca.mb.ca T: 204-594-9058 C: 204-227-6932

Randy Olynick, CRSP

WORKSAFELY™ Safety Advisor, Eastern Region
E: randy@mhca.mb.ca T: 204-594-9057 C: 204-295-3876

Trevor Shwaluk, B.P.E

WORKSAFELY™ Safety Advisor, Central Region
E: trevor@mhca.mb.ca T: 204-594-9061 C: 204-871-0812

Terry Didluck, NCSO, OHSA

WORKSAFELY™ Safety Advisor, Western Region
E: terry@mhca.mb.ca C: 204-720-3362

Dave McPherson

WORKSAFELY™ Safety Advisor, Northern Region
E: dave@mhca.mb.ca C: 204-271-2088

Phil McDaniel, OH&S Cert., P. GSC, NCSO, CRM

COR™ Program Development & Quality Control Advisor
E: phil@mhca.mb.ca T: 204-594-9059 C: 204-997-5205

Jackie Jones, CAE

WORKSAFELY™ COR™ Program, Education and Training Advisor
E: jackie@mhca.mb.ca T: 204-594-9054 C: 204-509-0384

Sarah Higgins, OH&S Cert.

WORKSAFELY™ Client Services Advisor
E: sarah@mhca.mb.ca T: 204-594-9060 C: 204-979-3971

Kristen Ranson

WORKSAFELY™ Administrative Assistant
E: Kristen@mhca.mb.ca T: 204-594-9056 C: 204-330-3520

To contact your WORKSAFELY™ Advisor assigned to your area, please see <http://www.mhca.mb.ca/worksafely/know-your-advisor>



WORKSAFELY™ is bringing COR™ Training Week to Manitoba.

Brandon

September 12-16, 2016

St. John's Ambulance

Shopper's Mall (1570 18th Street)

Brandon, MB R7A 5C5

Trainer: Terry Didluck

Thompson

September 19-23, 2016

University College of the North

55 UCN Drive

Thompson, MB R8N 1L7

Trainer: Dave McPherson

Courses Include:

2 days COR™ Leadership in Safety Excellence

1 day COR™ Principles of health and Safety Management

2 days COR™ Auditor

REGISTER NOW

Contact **Kristen Ranson** at **204-594-9056** or **kristen@mhca.mb.ca**



WORKSAFELY™ Terry Didluck is bringing Traffic Control Coordinator (TCC) Training to Thompson.

Courses Include:

- 1/2 day Flagperson training
- 1/2 day Confined Space Awareness
- 2 days TCC Training

September 19-21, 2016

University College of the North
55 UCN Drive
Thompson R8N 1L7

Traffic Control Coordinators are considered leaders in our industry. Become familiar with standards and requirements used to create and maintain construction zones on our highways and provincial roads and be educated in the legal, safety, and functional requirements of setting up and coordinating traffic control measures.

REGISTER NOW

Contact **Kristen Ranson** at **204-594-9056** or **kristen@mhca.mb.ca**



a digital health & safety program with  **SiteDocs**
DIGITAL WORKPLACE SAFETY

efficient
Controlled
Organized
Real Time

Truly defined. Truly easy.



SAFETY TALK

Falls Due to Slips and Trips

Slips, trips, and falls are a leading cause of injuries such as sprains, strains, and tears for workers in the heavy construction industry.

Explain dangers

Common causes of slips and trips are:

- Wet or oily worksite floors
- Weather hazards such as wet ground, snow or ice
- Obstructed view
- Poor lighting
- Obstacles such as tools, materials or equipment
- Uncovered cables
- Uneven worksite surfaces
- Failure to follow safe work procedures for actions such as climbing or lifting materials

Identify controls

- Wear proper protective footwear with good treads
- Take extra care walking on stairs or uneven surfaces
- Inspect work areas before lifting and carrying to ensure visibility and an unobstructed path

- Keep floors clean and dry; keep worksites clutter-free, and put warning signs on slippery, uneven surfaces or other hazards
- Make sure lighting is bright enough to see properly
- Cover open holes and have guardrails
- Keep a three-point contact when climbing ladders or scaffolds and when mounting or dismounting equipment
- Pick up and safely store equipment, tools, and materials
- Follow safe work procedures when mounting or dismounting equipment or lifting materials

Demonstrate

What are some possible slip, trip and fall hazards in your workplace?

As a group inspect your worksite for any hazards that may cause a slip or trip.

Print and review this talk with your staff, sign off and file for COR™ / SECOR audit purposes.

Date: _____

Performed by: _____

Concerns:

Employee Name:

Supervisor: _____

Location: _____

Corrective Actions:

Employee Signature:

Your Voice Heard

The Manitoba Heavy Construction Association (MHCA) is the voice of Manitoba's heavy construction industry, promoting sustainable municipal infrastructure development, sustained investment in core infrastructure, and seamless, multi-modal transportation systems.

We want your voice to be heard, if you have any questions or suggestions regarding our industry, the MHCA, or the services that we provide, contact us directly by visiting our website or calling 204-947-1379.



Stay Connected >>> mhca.mb.ca >>>

