



SAFETY TALK

What's the danger?

The improper mounting and dismounting of equipment is a common cause of musculoskeletal injuries.

Hazards include:

- Mud or grease on footwear
- Slippery equipment surfaces
- Cluttered or uneven landing area
- Torn or loose clothing
- Incorrect hand and foot placement
- Entering or exiting equipment in a hurry
- Jumping from equipment

Mounting and dismounting equipment

How to protect yourself

Mounting:

- Ensure equipment is off and all boom attachments are lowered
- Face equipment when climbing and maintain 3-point contact
- Ensure you have a solid grip on the handles
- Take your time entering the equipment
- Avoid contact with machine controls

Dismounting:

- Position the equipment on even ground when possible
- Ensure equipment is off and all boom attachments are lowered
- Face equipment when climbing down; maintain 3-point contact
- Take your time exiting the equipment
- Be aware of your surroundings
- Watch for hazards when dismounting

Print and review this talk with your staff, sign off and file for COR™ / SECOR audit purposes.

Date: _____

Performed by: _____

Supervisor: _____

Location: _____

Concerns:

Corrective Actions:

Employee Name:

Employee Signature:
