



# SAFETY TALK

Each year hundreds of Manitoba construction workers suffer the effects of an eye injury on the job.

## What's the danger

Some of the most common eye hazards are:

- Flying particles and debris – dust, concrete, metal and stone
- Welding arcs
- Splash from chemicals
- Environmental elements – wind and sun

## How to protect yourself

Safety eyewear is an essential piece of personal protective equipment.

**When selecting suitable eye protection, consider the following:**

- Specific workplace hazards
- Fit and comfort
- Vision and movement

# Eye protection

**Types of eye protection:**

- Safety glasses – eyeglasses with safety frames constructed of metal or plastic that have impact-resistant lenses
- Goggles – providing higher impact, dust, and chemical-splash protection as they fit snugly around the eyes compared to safety glasses
- Face shields and helmets – considered secondary protectors, they are used in conjunction with other protective eyewear to provide additional full face protection
- Welding goggles – prevent exposure to harmful light rays

We only have one pair of eyes, it pays to protect them. Make a point to wear your safety eyewear as soon as you set foot on the jobsite.

Print and review this talk with your staff, sign off and file for COR™ / SECOR audit purposes.

Date: \_\_\_\_\_

Performed by: \_\_\_\_\_

**Concerns:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Employee Name:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Supervisor: \_\_\_\_\_

Location: \_\_\_\_\_

**Corrective Actions:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Employee Signature:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_